

# Protokoll

Langstrecken Abend  
am 19.12.2025

Veranstalter: Kreisschwimmverband Diepholz-Nienburg e.V.  
Ausrichter: Grafen Schwimmteam

## Wettkampfbecken

3 Bahnen á 25m  
Wellenkiller-Leinen  
Wassertemperatur ca. 26°C  
Handzeitnahme

## Schwimmbad-Adresse

Hallenbad der Stadt Sulingen  
Breslauer Str. 19  
27232 Sulingen



Anzahl Meldungen

Teilnehmer: weiblich/männlich    Meldungen: Einzel/Staffel

Landesschwimmverband Niedersachsen (LSV-Nr.: 9)

| Verein                 | DSV-Id | Teilnehmer | Abs.1 |
|------------------------|--------|------------|-------|
| Grafen Schwimmteam     | 6443   | 14/ 4      | 23/ 0 |
| Holtorfer SV           | 5047   | 0/ 1       | 1/ 0  |
| SG Diepholz 1870       | 3794   | 5/ 6       | 19/ 0 |
| SG Syke / Barrien      | 3813   | 6/ 13      | 22/ 0 |
| TuS Wagenfeld          | 3978   | 7/ 0       | 10/ 0 |
| Weyher SV              | 4034   | 2/ 2       | 5/ 0  |
| Gesamt für den Verband |        | 34/ 26     | 80/ 0 |

**Abschnitt 1 - Freitag 19.12.2025**

Einlass: 16:30 Uhr | Einschwimmen: 16:30 Uhr | Kampfrichtersitzung: 16:45 Uhr  
Beginn: 17:00 Uhr

**Kampfgericht Abschnitt 1**

| Position         | Name                | Verein             |
|------------------|---------------------|--------------------|
| Schiedsrichter   | Christoph Tewes     | SG Syke / Barrien  |
| Starter          | Benjamin Dana       | Weyher SV          |
| Schwimmrichter 1 | Benjamin Dana       | Weyher SV          |
| Sprecher 1       | Ute Sprecher-Odigie | Grafen Schwimmteam |
| Auswerter 1      | Silke Kießetz       | Grafen Schwimmteam |
| Protokollführer  | Michel Lorenz       | SG Diepholz 1870   |

**Zielgericht**

| Position      | Name           | Verein            |
|---------------|----------------|-------------------|
| Zielrichter 1 | Sinja Scholz   | SG Syke / Barrien |
| Zielrichter 2 | Katrin Nickel  | TuS Wagenfeld     |
| Zielrichter 3 | Simone Dieker  | SG Diepholz 1870  |
| Zielrichter 4 | Kevin Wiesener | SG Diepholz 1870  |

**Zeitgericht 1**

| Position            | Name           | Verein             |
|---------------------|----------------|--------------------|
| Zeitnehmerobmann    | Marco Heitmann | SG Diepholz 1870   |
| Zeitnehmer Bahn 1   | Szilvia Kiss   | Grafen Schwimmteam |
| Zeitnehmer Bahn 2   | Gerit Schmidt  | SG Syke / Barrien  |
| Zeitnehmer Bahn 3   | Martin Seidler | TuS Wagenfeld      |
| Reservezeitnehmer 1 | Marco Heitmann | SG Diepholz 1870   |

**Zeitgericht 2**

| Position            | Name            | Verein             |
|---------------------|-----------------|--------------------|
| Zeitnehmerobmann    | Monique Busse   | Grafen Schwimmteam |
| Zeitnehmer Bahn 1   | Christian Otto  | SG Syke / Barrien  |
| Zeitnehmer Bahn 2   | Tanja Zobirei   | SG Diepholz 1870   |
| Zeitnehmer Bahn 3   | Annika Teichert | SG Syke / Barrien  |
| Reservezeitnehmer 1 | Monique Busse   | Grafen Schwimmteam |

**Wendegericht**

| Position                 | Name               | Verein             |
|--------------------------|--------------------|--------------------|
| Wenderichter Obmann + B1 | Sandra Gaertner    | SG Syke / Barrien  |
| Wenderichter B2/3        | Julia Grimpe Nagel | Grafen Schwimmteam |

Simone Dieker bis WK5  
Kevin Wiesener ab WK6

**Wettkampffolge für Abschnitt 1**

Wettkampf 1 - 400m Freistil männlich

Wettkampf 2 - 400m Freistil weiblich

Wettkampf 3 - 1500m Freistil männlich

Wettkampf 4 - 1500m Freistil weiblich

Wettkampf 5 - 400m Lagen männlich

Wettkampf 6 - 400m Lagen weiblich

Wettkampf 7 - 800m Freistil männlich

Wettkampf 8 - 800m Freistil weiblich

**Wettkampf 1 - 400m Freistil männlich****Jahrgang 2016**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Jakob Steinbeck                                                                   | 2016 | Holtorfer SV       | 06:16,67 |
|       | 100m: 01:30,06 (01:30,06)   200m: 03:08,51 (01:38,45)   300m: 04:46,26 (01:37,75) |      |                    |          |
|       | 400m: 06:16,67 (01:30,41)                                                         |      |                    |          |
| 2.    | Lars Wilbrandt                                                                    | 2016 | Grafen Schwimmteam | 06:38,74 |
|       | 100m: 01:30,78 (01:30,78)   200m: 03:08,38 (01:37,60)   300m: 04:56,38 (01:48,00) |      |                    |          |
|       | 400m: 06:38,74 (01:42,36)                                                         |      |                    |          |

**Jahrgang 2015**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Felix Gaertner                                                                    | 2015 | SG Syke / Barrien | 07:15,29 |
|       | 100m: 01:42,28 (01:42,28)   200m: 03:32,40 (01:50,12)   300m: 05:25,91 (01:53,51) |      |                   |          |
|       | 400m: 07:15,29 (01:49,38)                                                         |      |                   |          |
| 2.    | Paul Polzin                                                                       | 2015 | SG Syke / Barrien | 08:24,56 |
|       | 100m: 02:00,85 (02:00,85)   200m: 04:08,48 (02:07,63)   300m: 06:18,77 (02:10,29) |      |                   |          |
|       | 400m: 08:24,56 (02:05,79)                                                         |      |                   |          |

abgemeldet

|               |      |                   |
|---------------|------|-------------------|
| Ruben Kolloge | 2015 | SG Syke / Barrien |
|---------------|------|-------------------|

**Jahrgang 2014**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Ilai Manke                                                                        | 2014 | Grafen Schwimmteam | 05:53,30 |
|       | 100m: 01:21,60 (01:21,60)   200m: 02:53,33 (01:31,73)   300m: 04:25,52 (01:32,19) |      |                    |          |
|       | 400m: 05:53,30 (01:27,78)                                                         |      |                    |          |
| 2.    | Jamie Valentino Ames                                                              | 2014 | SG Syke / Barrien  | 06:50,71 |
|       | 100m: 01:34,28 (01:34,28)   200m: 03:20,87 (01:46,59)   300m: 05:08,01 (01:47,14) |      |                    |          |
|       | 400m: 06:50,71 (01:42,70)                                                         |      |                    |          |

disqualifiziert

|            |      |                   |
|------------|------|-------------------|
| Anton Otto | 2014 | SG Syke / Barrien |
|------------|------|-------------------|

Der Schwimmer startete vor dem Startsignal.

Uhrzeit der Bekanntgabe: 17:29

**Jahrgang 2013**

| Platz | Schwimmer(in)                                                         | Jg.  | Verein    | Endzeit |
|-------|-----------------------------------------------------------------------|------|-----------|---------|
|       | <u>disqualifiziert</u>                                                |      |           |         |
|       | Linus Rendigs                                                         | 2013 | Weyher SV |         |
|       | Der Schwimmer hat den anderen Aktiven auf der Bahn (L4 B3) behindert. |      |           |         |
|       | Uhrzeit der Bekanntgabe: 17:29                                        |      |           |         |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Timon Spoeter<br>100m: 01:32,16 (01:32,16)   200m: 03:10,35 (01:38,19)   300m: 04:47,55 (01:37,20)<br>400m: 06:20,39 (01:32,84) | 2012 | SG Diepholz 1870 | 06:20,39 |
| 2.    | Elias Mentner<br>100m: 01:35,22 (01:35,22)   200m: 03:18,10 (01:42,88)   300m: 04:56,66 (01:38,56)<br>400m: 06:27,35 (01:30,69) | 2012 | SG Diepholz 1870 | 06:27,35 |

disqualifiziert

Linus Häuser 2012 SG Syke / Barrien  
 Der Schwimmer hat den anderen Aktiven auf der Bahn (L4 B2) behindert.  
 Uhrzeit der Bekanntgabe: 17:29

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Darian Lehmkuhl<br>100m: 01:16,67 (01:16,67)   200m: 02:41,98 (01:25,31)   300m: 04:09,84 (01:27,86)<br>400m: 05:33,69 (01:23,85) | 2011 | SG Syke / Barrien | 05:33,69 |

**Jahrgang 2010**

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Julian Schefter<br>100m: 01:06,29 (01:06,29)   200m: 02:20,06 (01:13,77)   300m: 03:31,54 (01:11,48)<br>400m: 04:39,64 (01:08,10) | 2010 | SG Syke / Barrien | 04:39,64 |
| 2.    | Mik Langner<br>100m: 01:08,26 (01:08,26)   200m: 02:30,95 (01:22,69)   300m: 05:24,35 (02:53,40)<br>400m: 05:24,35 (00:00,00)     | 2010 | Weyher SV         | 05:24,35 |

**Jahrgang 2008**

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein            | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Philipp Habib<br>100m: 01:09,40 (01:09,40)   200m: 02:27,14 (01:17,74)   300m: 03:47,91 (01:20,77)<br>400m: 05:08,88 (01:20,97) | 2008 | SG Syke / Barrien | 05:08,88 |

**Masters (Jahrgang 2005 und älter)**

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Carl Bittendorf<br>100m: 01:10,56 (01:10,56)   200m: 02:14,45 (01:03,89)   300m: 03:27,81 (01:13,36)<br>400m: 04:40,48 (01:12,67) | 2000 | Grafen Schwimmteam | 04:40,48 |

**Offene Wertung**

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Julian Schefter<br>100m: 01:06,29 (01:06,29)   200m: 02:20,06 (01:13,77)   300m: 03:31,54 (01:11,48)<br>400m: 04:39,64 (01:08,10) | 2010 | SG Syke / Barrien  | 04:39,64 |
| 2.    | Carl Bittendorf<br>100m: 01:10,56 (01:10,56)   200m: 02:14,45 (01:03,89)   300m: 03:27,81 (01:13,36)<br>400m: 04:40,48 (01:12,67) | 2000 | Grafen Schwimmteam | 04:40,48 |
| 3.    | Philipp Habib<br>100m: 01:09,40 (01:09,40)   200m: 02:27,14 (01:17,74)   300m: 03:47,91 (01:20,77)<br>400m: 05:08,88 (01:20,97)   | 2008 | SG Syke / Barrien  | 05:08,88 |
| 4.    | Mik Langner<br>100m: 01:08,26 (01:08,26)   200m: 02:30,95 (01:22,69)   300m: 05:24,35 (02:53,40)<br>400m: 05:24,35 (00:00,00)     | 2010 | Weyher SV          | 05:24,35 |

| Platz | Schwimmer(in)                                                                                                                          | Jg.  | Verein             | Endzeit  |
|-------|----------------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 5.    | Darian Lehmkuhl<br>100m: 01:16,67 (01:16,67)   200m: 02:41,98 (01:25,31)   300m: 04:09,84 (01:27,86)<br>400m: 05:33,69 (01:23,85)      | 2011 | SG Syke / Barrien  | 05:33,69 |
| 6.    | Ilai Manke<br>100m: 01:21,60 (01:21,60)   200m: 02:53,33 (01:31,73)   300m: 04:25,52 (01:32,19)<br>400m: 05:53,30 (01:27,78)           | 2014 | Grafen Schwimmteam | 05:53,30 |
| 7.    | Jakob Steinbeck<br>100m: 01:30,06 (01:30,06)   200m: 03:08,51 (01:38,45)   300m: 04:46,26 (01:37,75)<br>400m: 06:16,67 (01:30,41)      | 2016 | Holtorfer SV       | 06:16,67 |
| 8.    | Timon Spoeter<br>100m: 01:32,16 (01:32,16)   200m: 03:10,35 (01:38,19)   300m: 04:47,55 (01:37,20)<br>400m: 06:20,39 (01:32,84)        | 2012 | SG Diepholz 1870   | 06:20,39 |
| 9.    | Elias Mentner<br>100m: 01:35,22 (01:35,22)   200m: 03:18,10 (01:42,88)   300m: 04:56,66 (01:38,56)<br>400m: 06:27,35 (01:30,69)        | 2012 | SG Diepholz 1870   | 06:27,35 |
| 10.   | Lars Wilbrandt<br>100m: 01:30,78 (01:30,78)   200m: 03:08,38 (01:37,60)   300m: 04:56,38 (01:48,00)<br>400m: 06:38,74 (01:42,36)       | 2016 | Grafen Schwimmteam | 06:38,74 |
| 11.   | Jamie Valentino Ames<br>100m: 01:34,28 (01:34,28)   200m: 03:20,87 (01:46,59)   300m: 05:08,01 (01:47,14)<br>400m: 06:50,71 (01:42,70) | 2014 | SG Syke / Barrien  | 06:50,71 |
| 12.   | Felix Gaertner<br>100m: 01:42,28 (01:42,28)   200m: 03:32,40 (01:50,12)   300m: 05:25,91 (01:53,51)<br>400m: 07:15,29 (01:49,38)       | 2015 | SG Syke / Barrien  | 07:15,29 |
| 13.   | Paul Polzin<br>100m: 02:00,85 (02:00,85)   200m: 04:08,48 (02:07,63)   300m: 06:18,77 (02:10,29)<br>400m: 08:24,56 (02:05,79)          | 2015 | SG Syke / Barrien  | 08:24,56 |

## Wettkampf 2 - 400m Freistil weiblich

### Jahrgang 2015

| Platz | Schwimmer(in)                                                                                                                 | Jg.  | Verein             | Endzeit  |
|-------|-------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Clara Busse<br>100m: 01:26,08 (01:26,08)   200m: 02:57,10 (01:31,02)   300m: 04:28,21 (01:31,11)<br>400m: 05:57,78 (01:29,57) | 2015 | Grafen Schwimmteam | 05:57,78 |

### Jahrgang 2014

| Platz | Schwimmer(in)  | Jg.  | Verein             | Endzeit |
|-------|----------------|------|--------------------|---------|
|       | nicht am Start |      |                    |         |
|       | Amelie Gräper  | 2014 | Grafen Schwimmteam |         |

### Jahrgang 2013

| Platz | Schwimmer(in)                                                                                                                    | Jg.  | Verein             | Endzeit  |
|-------|----------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Lina Gran<br>100m: 01:23,88 (01:23,88)   200m: 02:55,21 (01:31,33)   300m: 04:28,46 (01:33,25)<br>400m: 05:56,90 (01:28,44)      | 2013 | TuS Wagenfeld      | 05:56,90 |
| 2.    | Sinika Wolters<br>100m: 01:25,04 (01:25,04)   200m: 02:57,03 (01:31,99)   300m: 04:30,01 (01:32,98)<br>400m: 05:59,63 (01:29,62) | 2013 | Grafen Schwimmteam | 05:59,63 |
| 3.    | Martha Busse<br>100m: 01:22,89 (01:22,89)   200m: 02:55,27 (01:32,38)   300m: 04:28,95 (01:33,68)<br>400m: 06:02,86 (01:33,91)   | 2013 | Grafen Schwimmteam | 06:02,86 |
| 4.    | Paula Wedekamp<br>100m: 01:35,72 (01:35,72)   200m: 03:22,82 (01:47,10)   300m: 05:13,40 (01:50,58)<br>400m: 06:59,44 (01:46,04) | 2013 | Grafen Schwimmteam | 06:59,44 |

**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 5.    | Anni-Elisa Huth<br>100m: 01:45,53 (01:45,53)   200m: 03:42,76 (01:57,23)   300m: 05:44,91 (02:02,15)<br>400m: 07:38,61 (01:53,70) | 2013 | Grafen Schwimmteam | 07:38,61 |
| 6.    | Amelie Behrendt<br>100m: 01:46,32 (01:46,32)   200m: 03:49,56 (02:03,24)   300m: 05:56,30 (02:06,74)<br>400m: 07:57,14 (02:00,84) | 2013 | SG Syke / Barrien  | 07:57,14 |
| 7.    | Maja Nagel<br>100m: 01:52,18 (01:52,18)   200m: 03:54,02 (02:01,84)   300m: 06:00,24 (02:06,22)<br>400m: 07:58,99 (01:58,75)      | 2013 | Grafen Schwimmteam | 07:58,99 |
|       | <u>abgemeldet</u><br>Fabienne Biljes                                                                                              | 2013 | TuS Wagenfeld      |          |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                                                                 | Jg.  | Verein             | Endzeit  |
|-------|-------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Inke Illies<br>100m: 01:19,03 (01:19,03)   200m: 02:45,54 (01:26,51)   300m: 04:12,12 (01:26,58)<br>400m: 05:33,55 (01:21,43) | 2012 | Grafen Schwimmteam | 05:33,55 |

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Zoe Peter<br>100m: 01:23,53 (01:23,53)   200m: 02:55,03 (01:31,50)   300m: 04:28,11 (01:33,08)<br>400m: 05:56,98 (01:28,87)       | 2011 | SG Diepholz 1870   | 05:56,98 |
| 2.    | Maja Seidler<br>100m: 01:26,79 (01:26,79)   200m: 03:01,71 (01:34,92)   300m: 04:35,93 (01:34,22)<br>400m: 06:03,76 (01:27,83)    | 2011 | TuS Wagenfeld      | 06:03,76 |
| 3.    | Carlotta Winzia<br>100m: 01:29,15 (01:29,15)   200m: 03:11,10 (01:41,95)   300m: 04:55,35 (01:44,25)<br>400m: 06:38,32 (01:42,97) | 2011 | Grafen Schwimmteam | 06:38,32 |

**Jahrgang 2010**

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein             | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Melissa Evers<br>100m: 01:13,51 (01:13,51)   200m: 02:36,30 (01:22,79)   300m: 04:00,74 (01:24,44)<br>400m: 05:24,59 (01:23,85) | 2010 | Grafen Schwimmteam | 05:24,59 |
|       | <u>abgemeldet</u><br>Charlotte Heitmann                                                                                         | 2010 | SG Diepholz 1870   |          |

**Jahrgang 2009**

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein        | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|---------------|----------|
| 1.    | Lana Rohlfing<br>100m: 01:12,01 (01:12,01)   200m: 02:36,96 (01:24,95)   300m: 04:04,87 (01:27,91)<br>400m: 05:28,85 (01:23,98) | 2009 | TuS Wagenfeld | 05:28,85 |

**Jahrgang 2008**

| Platz | Schwimmer(in)                                                                                                                                 | Jg.  | Verein           | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Anneliese-Sofie Friederichs<br>100m: 01:20,87 (01:20,87)   200m: 02:52,11 (01:31,24)   300m: 04:22,14 (01:30,03)<br>400m: 05:47,77 (01:25,63) | 2008 | SG Diepholz 1870 | 05:47,77 |

## Junior:innen

| Platz | Schwimmer(in)                                                                                                                       | Jg.  | Verein             | Endzeit  |
|-------|-------------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Finnja Zimmerling<br>100m: 01:07,16 (01:07,16)   200m: 02:22,53 (01:15,37)   300m: 03:42,03 (01:19,50)<br>400m: 04:59,91 (01:17,88) | 2007 | Grafen Schwimmteam | 04:59,91 |
| 2.    | Emilie Schefter<br>100m: 01:16,49 (01:16,49)   200m: 02:41,64 (01:25,15)   300m: 04:08,33 (01:26,69)<br>400m: 05:33,19 (01:24,86)   | 2007 | SG Syke / Barrien  | 05:33,19 |

## Offene Wertung

| Platz | Schwimmer(in)                                                                                                                                 | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Finnja Zimmerling<br>100m: 01:07,16 (01:07,16)   200m: 02:22,53 (01:15,37)   300m: 03:42,03 (01:19,50)<br>400m: 04:59,91 (01:17,88)           | 2007 | Grafen Schwimmteam | 04:59,91 |
| 2.    | Melissa Evers<br>100m: 01:13,51 (01:13,51)   200m: 02:36,30 (01:22,79)   300m: 04:00,74 (01:24,44)<br>400m: 05:24,59 (01:23,85)               | 2010 | Grafen Schwimmteam | 05:24,59 |
| 3.    | Lana Rohlfing<br>100m: 01:12,01 (01:12,01)   200m: 02:36,96 (01:24,95)   300m: 04:04,87 (01:27,91)<br>400m: 05:28,85 (01:23,98)               | 2009 | TuS Wagenfeld      | 05:28,85 |
| 4.    | Emilie Schefter<br>100m: 01:16,49 (01:16,49)   200m: 02:41,64 (01:25,15)   300m: 04:08,33 (01:26,69)<br>400m: 05:33,19 (01:24,86)             | 2007 | SG Syke / Barrien  | 05:33,19 |
| 5.    | Inke Illies<br>100m: 01:19,03 (01:19,03)   200m: 02:45,54 (01:26,51)   300m: 04:12,12 (01:26,58)<br>400m: 05:33,55 (01:21,43)                 | 2012 | Grafen Schwimmteam | 05:33,55 |
| 6.    | Anneliese-Sofie Friederichs<br>100m: 01:20,87 (01:20,87)   200m: 02:52,11 (01:31,24)   300m: 04:22,14 (01:30,03)<br>400m: 05:47,77 (01:25,63) | 2008 | SG Diepholz 1870   | 05:47,77 |
| 7.    | Lina Gran<br>100m: 01:23,88 (01:23,88)   200m: 02:55,21 (01:31,33)   300m: 04:28,46 (01:33,25)<br>400m: 05:56,90 (01:28,44)                   | 2013 | TuS Wagenfeld      | 05:56,90 |
| 8.    | Zoe Peter<br>100m: 01:23,53 (01:23,53)   200m: 02:55,03 (01:31,50)   300m: 04:28,11 (01:33,08)<br>400m: 05:56,98 (01:28,87)                   | 2011 | SG Diepholz 1870   | 05:56,98 |
| 9.    | Clara Busse<br>100m: 01:26,08 (01:26,08)   200m: 02:57,10 (01:31,02)   300m: 04:28,21 (01:31,11)<br>400m: 05:57,78 (01:29,57)                 | 2015 | Grafen Schwimmteam | 05:57,78 |
| 10.   | Sinika Wolters<br>100m: 01:25,04 (01:25,04)   200m: 02:57,03 (01:31,99)   300m: 04:30,01 (01:32,98)<br>400m: 05:59,63 (01:29,62)              | 2013 | Grafen Schwimmteam | 05:59,63 |
| 11.   | Martha Busse<br>100m: 01:22,89 (01:22,89)   200m: 02:55,27 (01:32,38)   300m: 04:28,95 (01:33,68)<br>400m: 06:02,86 (01:33,91)                | 2013 | Grafen Schwimmteam | 06:02,86 |
| 12.   | Maja Seidler<br>100m: 01:26,79 (01:26,79)   200m: 03:01,71 (01:34,92)   300m: 04:35,93 (01:34,22)<br>400m: 06:03,76 (01:27,83)                | 2011 | TuS Wagenfeld      | 06:03,76 |
| 13.   | Carlotta Winzia<br>100m: 01:29,15 (01:29,15)   200m: 03:11,10 (01:41,95)   300m: 04:55,35 (01:44,25)<br>400m: 06:38,32 (01:42,97)             | 2011 | Grafen Schwimmteam | 06:38,32 |
| 14.   | Paula Wedekamp<br>100m: 01:35,72 (01:35,72)   200m: 03:22,82 (01:47,10)   300m: 05:13,40 (01:50,58)<br>400m: 06:59,44 (01:46,04)              | 2013 | Grafen Schwimmteam | 06:59,44 |
| 15.   | Anni-Elisa Huth<br>100m: 01:45,53 (01:45,53)   200m: 03:42,76 (01:57,23)   300m: 05:44,91 (02:02,15)<br>400m: 07:38,61 (01:53,70)             | 2013 | Grafen Schwimmteam | 07:38,61 |



**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein             | Endzeit  |
|-------|----------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 16.   | Amelie Behrendt                                                                                                | 2013 | SG Syke / Barrien  | 07:57,14 |
|       | 100m: 01:46,32 (01:46,32)   200m: 03:49,56 (02:03,24)   300m: 05:56,30 (02:06,74)<br>400m: 07:57,14 (02:00,84) |      |                    |          |
| 17.   | Maja Nagel                                                                                                     | 2013 | Grafen Schwimmteam | 07:58,99 |
|       | 100m: 01:52,18 (01:52,18)   200m: 03:54,02 (02:01,84)   300m: 06:00,24 (02:06,22)<br>400m: 07:58,99 (01:58,75) |      |                    |          |

**Wettkampf 3 - 1500m Freistil männlich****Jahrgang 2010**

| Platz | Schwimmer(in)                                                                                                                                                                                                                                                                                                                                                                                                                               | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Bent Koslowski                                                                                                                                                                                                                                                                                                                                                                                                                              | 2010 | SG Diepholz 1870 | 20:58,92 |
|       | 100m: 01:11,10 (01:11,10)   200m: 02:29,76 (01:18,66)   300m: 03:53,81 (01:24,05)<br>400m: 05:19,59 (01:25,78)   500m: 06:47,09 (01:27,50)   600m: 08:13,31 (01:26,22)<br>700m: 09:38,06 (01:24,75)   800m: 11:03,00 (01:24,94)   900m: 12:29,64 (01:26,64)<br>1000m: 13:54,66 (01:25,02)   1100m: 15:21,11 (01:26,45)   1200m: 16:46,73 (01:25,62)<br>1300m: 18:14,03 (01:27,30)   1400m: 19:39,70 (01:25,67)   1500m: 20:58,92 (01:19,22) |      |                  |          |

**Jahrgang 2009**

| Platz | Schwimmer(in)                                                                                                                                                                                                                                                                                                                                                                                                                               | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Konstantin Bennet Graupe                                                                                                                                                                                                                                                                                                                                                                                                                    | 2009 | SG Diepholz 1870 | 19:41,80 |
|       | 100m: 01:11,54 (01:11,54)   200m: 02:28,60 (01:17,06)   300m: 03:38,04 (01:09,44)<br>400m: 05:06,89 (01:28,85)   500m: 06:26,17 (01:19,28)   600m: 07:46,80 (01:20,63)<br>700m: 09:06,74 (01:19,94)   800m: 10:27,43 (01:20,69)   900m: 11:47,89 (01:20,46)<br>1000m: 13:08,04 (01:20,15)   1100m: 14:28,76 (01:20,72)   1200m: 15:49,89 (01:21,13)<br>1300m: 17:11,17 (01:21,28)   1400m: 18:30,48 (01:19,31)   1500m: 19:41,80 (01:11,32) |      |                  |          |

**Masters (Jahrgang 2005 und älter)**

| Platz | Schwimmer(in)                                                                                                                                                                                                                                                                                                                                                                                                                               | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Kevin Wiesener                                                                                                                                                                                                                                                                                                                                                                                                                              | 1999 | SG Diepholz 1870 | 19:42,26 |
|       | 100m: 01:09,66 (01:09,66)   200m: 02:25,78 (01:16,12)   300m: 03:43,11 (01:17,33)<br>400m: 05:02,23 (01:19,12)   500m: 06:22,22 (01:19,99)   600m: 07:41,74 (01:19,52)<br>700m: 09:02,23 (01:20,49)   800m: 10:23,53 (01:21,30)   900m: 11:45,10 (01:21,57)<br>1000m: 13:06,17 (01:21,07)   1100m: 14:27,81 (01:21,64)   1200m: 15:49,74 (01:21,93)<br>1300m: 17:10,46 (01:20,72)   1400m: 18:29,00 (01:18,54)   1500m: 19:42,26 (01:13,26) |      |                  |          |

**Offene Wertung**

| Platz | Schwimmer(in)                                                                                                                                                                                                                                                                                                                                                                                                                               | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Konstantin Bennet Graupe                                                                                                                                                                                                                                                                                                                                                                                                                    | 2009 | SG Diepholz 1870 | 19:41,80 |
|       | 100m: 01:11,54 (01:11,54)   200m: 02:28,60 (01:17,06)   300m: 03:38,04 (01:09,44)<br>400m: 05:06,89 (01:28,85)   500m: 06:26,17 (01:19,28)   600m: 07:46,80 (01:20,63)<br>700m: 09:06,74 (01:19,94)   800m: 10:27,43 (01:20,69)   900m: 11:47,89 (01:20,46)<br>1000m: 13:08,04 (01:20,15)   1100m: 14:28,76 (01:20,72)   1200m: 15:49,89 (01:21,13)<br>1300m: 17:11,17 (01:21,28)   1400m: 18:30,48 (01:19,31)   1500m: 19:41,80 (01:11,32) |      |                  |          |
| 2.    | Kevin Wiesener                                                                                                                                                                                                                                                                                                                                                                                                                              | 1999 | SG Diepholz 1870 | 19:42,26 |
|       | 100m: 01:09,66 (01:09,66)   200m: 02:25,78 (01:16,12)   300m: 03:43,11 (01:17,33)<br>400m: 05:02,23 (01:19,12)   500m: 06:22,22 (01:19,99)   600m: 07:41,74 (01:19,52)<br>700m: 09:02,23 (01:20,49)   800m: 10:23,53 (01:21,30)   900m: 11:45,10 (01:21,57)<br>1000m: 13:06,17 (01:21,07)   1100m: 14:27,81 (01:21,64)   1200m: 15:49,74 (01:21,93)<br>1300m: 17:10,46 (01:20,72)   1400m: 18:29,00 (01:18,54)   1500m: 19:42,26 (01:13,26) |      |                  |          |
| 3.    | Bent Koslowski                                                                                                                                                                                                                                                                                                                                                                                                                              | 2010 | SG Diepholz 1870 | 20:58,92 |
|       | 100m: 01:11,10 (01:11,10)   200m: 02:29,76 (01:18,66)   300m: 03:53,81 (01:24,05)<br>400m: 05:19,59 (01:25,78)   500m: 06:47,09 (01:27,50)   600m: 08:13,31 (01:26,22)<br>700m: 09:38,06 (01:24,75)   800m: 11:03,00 (01:24,94)   900m: 12:29,64 (01:26,64)<br>1000m: 13:54,66 (01:25,02)   1100m: 15:21,11 (01:26,45)   1200m: 16:46,73 (01:25,62)<br>1300m: 18:14,03 (01:27,30)   1400m: 19:39,70 (01:25,67)   1500m: 20:58,92 (01:19,22) |      |                  |          |

**Wettkampf 4 - 1500m Freistil weiblich****Jahrgang 2013**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein             | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Zoey-Sophie Kiss                                                                     | 2013 | Grafen Schwimmteam | 22:32,39 |
|       | 100m: 01:18,93 (01:18,93)   200m: 02:47,67 (01:28,74)   300m: 04:15,77 (01:28,10)    |      |                    |          |
|       | 400m: 05:46,27 (01:30,50)   500m: 07:17,34 (01:31,07)   600m: 08:48,82 (01:31,48)    |      |                    |          |
|       | 700m: 10:19,50 (01:30,68)   800m: 11:51,51 (01:32,01)   900m: 13:23,16 (01:31,65)    |      |                    |          |
|       | 1000m: 14:56,12 (01:32,96)   1100m: 16:28,50 (01:32,38)   1200m: 18:02,87 (01:34,37) |      |                    |          |
|       | 1300m: 19:36,28 (01:33,41)   1400m: 21:10,29 (01:34,01)   1500m: 22:32,39 (01:22,10) |      |                    |          |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein             | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Smilla Koriath                                                                       | 2012 | Grafen Schwimmteam | 21:20,22 |
|       | 100m: 01:17,20 (01:17,20)   200m: 02:43,63 (01:26,43)   300m: 04:09,29 (01:25,66)    |      |                    |          |
|       | 400m: 05:35,30 (01:26,01)   500m: 07:01,92 (01:26,62)   600m: 08:27,86 (01:25,94)    |      |                    |          |
|       | 700m: 09:54,59 (01:26,73)   800m: 11:19,95 (01:25,36)   900m: 12:45,64 (01:25,69)    |      |                    |          |
|       | 1000m: 14:12,04 (01:26,40)   1100m: 15:38,23 (01:26,19)   1200m: 17:04,98 (01:26,75) |      |                    |          |
|       | 1300m: 18:31,76 (01:26,78)   1400m: 19:57,48 (01:25,72)   1500m: 21:20,22 (01:22,74) |      |                    |          |

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein           | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Emma Nickel                                                                          | 2011 | TuS Wagenfeld    | 22:23,61 |
|       | 100m: 01:17,44 (01:17,44)   200m: 02:43,88 (01:26,44)   300m: 04:10,30 (01:26,42)    |      |                  |          |
|       | 400m: 05:36,84 (01:26,54)   500m: 07:05,63 (01:28,79)   600m: 08:35,81 (01:30,18)    |      |                  |          |
|       | 700m: 10:04,69 (01:28,88)   800m: 11:35,62 (01:30,93)   900m: 13:07,99 (01:32,37)    |      |                  |          |
|       | 1000m: 14:42,67 (01:34,68)   1100m: 16:16,41 (01:33,74)   1200m: 17:51,18 (01:34,77) |      |                  |          |
|       | 1300m: 19:23,15 (01:31,97)   1400m: 20:55,65 (01:32,50)   1500m: 22:23,61 (01:27,96) |      |                  |          |
| 2.    | Thea Dieker                                                                          | 2011 | SG Diepholz 1870 | 25:11,91 |
|       | 100m: 01:32,13 (01:32,13)   200m: 03:13,10 (01:40,97)   300m: 04:53,88 (01:40,78)    |      |                  |          |
|       | 400m: 06:35,94 (01:42,06)   500m: 08:18,97 (01:43,03)   600m: 10:02,30 (01:43,33)    |      |                  |          |
|       | 700m: 11:45,15 (01:42,85)   800m: 13:27,65 (01:42,50)   900m: 15:10,42 (01:42,77)    |      |                  |          |
|       | 1000m: 16:52,73 (01:42,31)   1100m: 18:36,15 (01:43,42)   1200m: 20:18,17 (01:42,02) |      |                  |          |
|       | 1300m: 21:58,61 (01:40,44)   1400m: 23:38,82 (01:40,21)   1500m: 25:11,91 (01:33,09) |      |                  |          |

**Jahrgang 2010**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein             | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Jule Bockhop                                                                         | 2010 | Grafen Schwimmteam | 23:26,29 |
|       | 100m: 01:21,41 (01:21,41)   200m: 02:47,84 (01:26,43)   300m: 04:18,51 (01:30,67)    |      |                    |          |
|       | 400m: 05:50,08 (01:31,57)   500m: 07:22,35 (01:32,27)   600m: 08:57,28 (01:34,93)    |      |                    |          |
|       | 700m: 10:32,30 (01:35,02)   800m: 12:07,99 (01:35,69)   900m: 13:47,37 (01:39,38)    |      |                    |          |
|       | 1000m: 15:21,37 (01:34,00)   1100m: 16:59,39 (01:38,02)   1200m: 18:35,61 (01:36,22) |      |                    |          |
|       | 1300m: 20:14,38 (01:38,77)   1400m: 21:52,78 (01:38,40)   1500m: 23:26,29 (01:33,51) |      |                    |          |

**Jahrgang 2009**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein            | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Ida Martin                                                                           | 2009 | SG Syke / Barrien | 21:50,89 |
|       | 100m: 01:15,75 (01:15,75)   200m: 02:41,18 (01:25,43)   300m: 04:08,47 (01:27,29)    |      |                   |          |
|       | 400m: 05:37,22 (01:28,75)   500m: 07:05,66 (01:28,44)   600m: 08:34,60 (01:28,94)    |      |                   |          |
|       | 700m: 10:03,92 (01:29,32)   800m: 11:32,50 (01:28,58)   900m: 13:01,56 (01:29,06)    |      |                   |          |
|       | 1000m: 14:30,08 (01:28,52)   1100m: 15:59,51 (01:29,43)   1200m: 17:29,83 (01:30,32) |      |                   |          |
|       | 1300m: 18:58,80 (01:28,97)   1400m: 20:27,67 (01:28,87)   1500m: 21:50,89 (01:23,22) |      |                   |          |

**Masters (Jahrgang 2005 und älter)**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein        | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|---------------|----------|
| 1.    | Franziska Angemeier                                                                  | 1995 | TuS Wagenfeld | 27:57,19 |
|       | 100m: 01:24,78 (01:24,78)   200m: 03:06,16 (01:41,38)   300m: 05:02,30 (01:56,14)    |      |               |          |
|       | 400m: 07:00,18 (01:57,88)   500m: 08:55,80 (01:55,62)   600m: 10:49,72 (01:53,92)    |      |               |          |
|       | 700m: 12:42,56 (01:52,84)   800m: 14:35,53 (01:52,97)   900m: 16:29,63 (01:54,10)    |      |               |          |
|       | 1000m: 18:25,56 (01:55,93)   1100m: 20:19,40 (01:53,84)   1200m: 22:17,05 (01:57,65) |      |               |          |
|       | 1300m: 24:11,66 (01:54,61)   1400m: 26:07,42 (01:55,76)   1500m: 27:57,19 (01:49,77) |      |               |          |

**Offene Wertung**

| Platz | Schwimmer(in)                                                                        | Jg.  | Verein             | Endzeit  |
|-------|--------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Smilla Koriath                                                                       | 2012 | Grafen Schwimmteam | 21:20,22 |
|       | 100m: 01:17,20 (01:17,20)   200m: 02:43,63 (01:26,43)   300m: 04:09,29 (01:25,66)    |      |                    |          |
|       | 400m: 05:35,30 (01:26,01)   500m: 07:01,92 (01:26,62)   600m: 08:27,86 (01:25,94)    |      |                    |          |
|       | 700m: 09:54,59 (01:26,73)   800m: 11:19,95 (01:25,36)   900m: 12:45,64 (01:25,69)    |      |                    |          |
|       | 1000m: 14:12,04 (01:26,40)   1100m: 15:38,23 (01:26,19)   1200m: 17:04,98 (01:26,75) |      |                    |          |
|       | 1300m: 18:31,76 (01:26,78)   1400m: 19:57,48 (01:25,72)   1500m: 21:20,22 (01:22,74) |      |                    |          |
| 2.    | Ida Martin                                                                           | 2009 | SG Syke / Barrien  | 21:50,89 |
|       | 100m: 01:15,75 (01:15,75)   200m: 02:41,18 (01:25,43)   300m: 04:08,47 (01:27,29)    |      |                    |          |
|       | 400m: 05:37,22 (01:28,75)   500m: 07:05,66 (01:28,44)   600m: 08:34,60 (01:28,94)    |      |                    |          |
|       | 700m: 10:03,92 (01:29,32)   800m: 11:32,50 (01:28,58)   900m: 13:01,56 (01:29,06)    |      |                    |          |
|       | 1000m: 14:30,08 (01:28,52)   1100m: 15:59,51 (01:29,43)   1200m: 17:29,83 (01:30,32) |      |                    |          |
|       | 1300m: 18:58,80 (01:28,97)   1400m: 20:27,67 (01:28,87)   1500m: 21:50,89 (01:23,22) |      |                    |          |
| 3.    | Emma Nickel                                                                          | 2011 | TuS Wagenfeld      | 22:23,61 |
|       | 100m: 01:17,44 (01:17,44)   200m: 02:43,88 (01:26,44)   300m: 04:10,30 (01:26,42)    |      |                    |          |
|       | 400m: 05:36,84 (01:26,54)   500m: 07:05,63 (01:28,79)   600m: 08:35,81 (01:30,18)    |      |                    |          |
|       | 700m: 10:04,69 (01:28,88)   800m: 11:35,62 (01:30,93)   900m: 13:07,99 (01:32,37)    |      |                    |          |
|       | 1000m: 14:42,67 (01:34,68)   1100m: 16:16,41 (01:33,74)   1200m: 17:51,18 (01:34,77) |      |                    |          |
|       | 1300m: 19:23,15 (01:31,97)   1400m: 20:55,65 (01:32,50)   1500m: 22:23,61 (01:27,96) |      |                    |          |
| 4.    | Zoey-Sophie Kiss                                                                     | 2013 | Grafen Schwimmteam | 22:32,39 |
|       | 100m: 01:18,93 (01:18,93)   200m: 02:47,67 (01:28,74)   300m: 04:15,77 (01:28,10)    |      |                    |          |
|       | 400m: 05:46,27 (01:30,50)   500m: 07:17,34 (01:31,07)   600m: 08:48,82 (01:31,48)    |      |                    |          |
|       | 700m: 10:19,50 (01:30,68)   800m: 11:51,51 (01:32,01)   900m: 13:23,16 (01:31,65)    |      |                    |          |
|       | 1000m: 14:56,12 (01:32,96)   1100m: 16:28,50 (01:32,38)   1200m: 18:02,87 (01:34,37) |      |                    |          |
|       | 1300m: 19:36,28 (01:33,41)   1400m: 21:10,29 (01:34,01)   1500m: 22:32,39 (01:22,10) |      |                    |          |
| 5.    | Jule Bockhop                                                                         | 2010 | Grafen Schwimmteam | 23:26,29 |
|       | 100m: 01:21,41 (01:21,41)   200m: 02:47,84 (01:26,43)   300m: 04:18,51 (01:30,67)    |      |                    |          |
|       | 400m: 05:50,08 (01:31,57)   500m: 07:22,35 (01:32,27)   600m: 08:57,28 (01:34,93)    |      |                    |          |
|       | 700m: 10:32,30 (01:35,02)   800m: 12:07,99 (01:35,69)   900m: 13:47,37 (01:39,38)    |      |                    |          |
|       | 1000m: 15:21,37 (01:34,00)   1100m: 16:59,39 (01:38,02)   1200m: 18:35,61 (01:36,22) |      |                    |          |
|       | 1300m: 20:14,38 (01:38,77)   1400m: 21:52,78 (01:38,40)   1500m: 23:26,29 (01:33,51) |      |                    |          |
| 6.    | Thea Dieker                                                                          | 2011 | SG Diepholz 1870   | 25:11,91 |
|       | 100m: 01:32,13 (01:32,13)   200m: 03:13,10 (01:40,97)   300m: 04:53,88 (01:40,78)    |      |                    |          |
|       | 400m: 06:35,94 (01:42,06)   500m: 08:18,97 (01:43,03)   600m: 10:02,30 (01:43,33)    |      |                    |          |
|       | 700m: 11:45,15 (01:42,85)   800m: 13:27,65 (01:42,50)   900m: 15:10,42 (01:42,77)    |      |                    |          |
|       | 1000m: 16:52,73 (01:42,31)   1100m: 18:36,15 (01:43,42)   1200m: 20:18,17 (01:42,02) |      |                    |          |
|       | 1300m: 21:58,61 (01:40,44)   1400m: 23:38,82 (01:40,21)   1500m: 25:11,91 (01:33,09) |      |                    |          |
| 7.    | Franziska Angemeier                                                                  | 1995 | TuS Wagenfeld      | 27:57,19 |
|       | 100m: 01:24,78 (01:24,78)   200m: 03:06,16 (01:41,38)   300m: 05:02,30 (01:56,14)    |      |                    |          |
|       | 400m: 07:00,18 (01:57,88)   500m: 08:55,80 (01:55,62)   600m: 10:49,72 (01:53,92)    |      |                    |          |
|       | 700m: 12:42,56 (01:52,84)   800m: 14:35,53 (01:52,97)   900m: 16:29,63 (01:54,10)    |      |                    |          |
|       | 1000m: 18:25,56 (01:55,93)   1100m: 20:19,40 (01:53,84)   1200m: 22:17,05 (01:57,65) |      |                    |          |
|       | 1300m: 24:11,66 (01:54,61)   1400m: 26:07,42 (01:55,76)   1500m: 27:57,19 (01:49,77) |      |                    |          |

**Wettkampf 5 - 400m Lagen männlich**

## Jahrgang 2012

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Elias Mentner<br>100m: 01:49,51 (01:49,51)   200m: 03:31,08 (01:41,57)   300m: 05:21,41 (01:50,33)<br>400m: 06:44,89 (01:23,48) | 2012 | SG Diepholz 1870 | 06:44,89 |
| 2.    | Timon Spoeter<br>100m: 01:51,10 (01:51,10)   200m: 03:31,49 (01:40,39)   300m: 05:19,72 (01:48,23)<br>400m: 06:45,52 (01:25,80) | 2012 | SG Diepholz 1870 | 06:45,52 |

## Jahrgang 2010

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Julian Schefter<br>100m: 01:10,49 (01:10,49)   200m: 02:32,29 (01:21,80)   300m: 03:59,21 (01:26,92)<br>400m: 05:07,28 (01:08,07) | 2010 | SG Syke / Barrien | 05:07,28 |
| 2.    | Bent Koslowski<br>100m: 01:26,30 (01:26,30)   200m: 02:57,54 (01:31,24)   300m: 04:44,41 (01:46,87)<br>400m: 06:06,42 (01:22,01)  | 2010 | SG Diepholz 1870  | 06:06,42 |
| 3.    | Mik Langner<br>100m: 01:35,41 (01:35,41)   200m: 03:06,21 (01:30,80)   300m: 04:50,30 (01:44,09)<br>400m: 06:06,43 (01:16,13)     | 2010 | Weyher SV         | 06:06,43 |

## Jahrgang 2009

| Platz | Schwimmer(in)                                                                                                                                                | Jg.  | Verein            | Endzeit  |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Jan von Weyhe<br>100m: 01:11,64 (01:11,64)   200m: 02:45,11 (01:33,47)   300m: 04:19,58 (01:34,47)<br>400m: 05:35,45 (01:15,87)                              | 2009 | SG Syke / Barrien | 05:35,45 |
|       | <u>disqualifiziert</u><br>Konstantin Bennet Graupe<br>Der Schwimmer hat die Rückenteilstrecke nicht in Rückenlage beendet.<br>Uhrzeit der Bekanntgabe: 19:18 | 2009 | SG Diepholz 1870  |          |

## Masters (Jahrgang 2005 und älter)

| Platz | Schwimmer(in)                                                                                                                    | Jg.  | Verein           | Endzeit  |
|-------|----------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Kevin Wiesener<br>100m: 01:24,07 (01:24,07)   200m: 02:58,98 (01:34,91)   300m: 04:27,82 (01:28,84)<br>400m: 05:39,65 (01:11,83) | 1999 | SG Diepholz 1870 | 05:39,65 |

## Offene Wertung

| Platz | Schwimmer(in)                                                                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Julian Schefter<br>100m: 01:10,49 (01:10,49)   200m: 02:32,29 (01:21,80)   300m: 03:59,21 (01:26,92)<br>400m: 05:07,28 (01:08,07) | 2010 | SG Syke / Barrien | 05:07,28 |
| 2.    | Jan von Weyhe<br>100m: 01:11,64 (01:11,64)   200m: 02:45,11 (01:33,47)   300m: 04:19,58 (01:34,47)<br>400m: 05:35,45 (01:15,87)   | 2009 | SG Syke / Barrien | 05:35,45 |
| 3.    | Kevin Wiesener<br>100m: 01:24,07 (01:24,07)   200m: 02:58,98 (01:34,91)   300m: 04:27,82 (01:28,84)<br>400m: 05:39,65 (01:11,83)  | 1999 | SG Diepholz 1870  | 05:39,65 |
| 4.    | Bent Koslowski<br>100m: 01:26,30 (01:26,30)   200m: 02:57,54 (01:31,24)   300m: 04:44,41 (01:46,87)<br>400m: 06:06,42 (01:22,01)  | 2010 | SG Diepholz 1870  | 06:06,42 |
| 5.    | Mik Langner<br>100m: 01:35,41 (01:35,41)   200m: 03:06,21 (01:30,80)   300m: 04:50,30 (01:44,09)<br>400m: 06:06,43 (01:16,13)     | 2010 | Weyher SV         | 06:06,43 |

**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 6.    | Elias Mentner<br>100m: 01:49,51 (01:49,51)   200m: 03:31,08 (01:41,57)   300m: 05:21,41 (01:50,33)<br>400m: 06:44,89 (01:23,48) | 2012 | SG Diepholz 1870 | 06:44,89 |
| 7.    | Timon Spoeter<br>100m: 01:51,10 (01:51,10)   200m: 03:31,49 (01:40,39)   300m: 05:19,72 (01:48,23)<br>400m: 06:45,52 (01:25,80) | 2012 | SG Diepholz 1870 | 06:45,52 |

**Wettkampf 6 - 400m Lagen weiblich****Jahrgang 2015**

| Platz | Schwimmer(in)                                                                                                                 | Jg.  | Verein             | Endzeit  |
|-------|-------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Clara Busse<br>100m: 01:47,48 (01:47,48)   200m: 03:35,65 (01:48,17)   300m: 05:24,45 (01:48,80)<br>400m: 06:55,47 (01:31,02) | 2015 | Grafen Schwimmteam | 06:55,47 |

**Jahrgang 2013**

| Platz | Schwimmer(in)                                                                                                                  | Jg.  | Verein             | Endzeit  |
|-------|--------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Martha Busse<br>100m: 01:39,07 (01:39,07)   200m: 03:20,82 (01:41,75)   300m: 05:08,84 (01:48,02)<br>400m: 06:37,52 (01:28,68) | 2013 | Grafen Schwimmteam | 06:37,52 |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                                                                 | Jg.  | Verein             | Endzeit  |
|-------|-------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Inke Illies<br>100m: 01:26,41 (01:26,41)   200m: 02:55,94 (01:29,53)   300m: 04:38,53 (01:42,59)<br>400m: 06:02,74 (01:24,21) | 2012 | Grafen Schwimmteam | 06:02,74 |

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                                                                         | Jg.  | Verein            | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Pauline Pogorzelski<br>100m: 01:21,72 (01:21,72)   200m: 02:54,60 (01:32,88)   300m: 04:34,33 (01:39,73)<br>400m: 05:57,82 (01:23,49) | 2011 | SG Syke / Barrien | 05:57,82 |
| 2.    | Zoe Peter<br>100m: 01:32,16 (01:32,16)   200m: 03:17,10 (01:44,94)   300m: 05:06,55 (01:49,45)<br>400m: 06:37,46 (01:30,91)           | 2011 | SG Diepholz 1870  | 06:37,46 |

**Junior:innen**

| Platz | Schwimmer(in)                                                                                                                   | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Simone Dieker<br>100m: 01:33,90 (01:33,90)   200m: 03:20,79 (01:46,89)   300m: 05:06,87 (01:46,08)<br>400m: 06:36,56 (01:29,69) | 2006 | SG Diepholz 1870 | 06:36,56 |

**Offene Wertung**

| Platz | Schwimmer(in)                                                                                                                         | Jg.  | Verein             | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Pauline Pogorzelski<br>100m: 01:21,72 (01:21,72)   200m: 02:54,60 (01:32,88)   300m: 04:34,33 (01:39,73)<br>400m: 05:57,82 (01:23,49) | 2011 | SG Syke / Barrien  | 05:57,82 |
| 2.    | Inke Illies<br>100m: 01:26,41 (01:26,41)   200m: 02:55,94 (01:29,53)   300m: 04:38,53 (01:42,59)<br>400m: 06:02,74 (01:24,21)         | 2012 | Grafen Schwimmteam | 06:02,74 |
| 3.    | Simone Dieker<br>100m: 01:33,90 (01:33,90)   200m: 03:20,79 (01:46,89)   300m: 05:06,87 (01:46,08)<br>400m: 06:36,56 (01:29,69)       | 2006 | SG Diepholz 1870   | 06:36,56 |

**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|--------------------|----------|
| 4.    | Zoe Peter                                                                         | 2011 | SG Diepholz 1870   | 06:37,46 |
|       | 100m: 01:32,16 (01:32,16)   200m: 03:17,10 (01:44,94)   300m: 05:06,55 (01:49,45) |      |                    |          |
|       | 400m: 06:37,46 (01:30,91)                                                         |      |                    |          |
| 5.    | Martha Busse                                                                      | 2013 | Grafen Schwimmteam | 06:37,52 |
|       | 100m: 01:39,07 (01:39,07)   200m: 03:20,82 (01:41,75)   300m: 05:08,84 (01:48,02) |      |                    |          |
|       | 400m: 06:37,52 (01:28,68)                                                         |      |                    |          |
| 6.    | Clara Busse                                                                       | 2015 | Grafen Schwimmteam | 06:55,47 |
|       | 100m: 01:47,48 (01:47,48)   200m: 03:35,65 (01:48,17)   300m: 05:24,45 (01:48,80) |      |                    |          |
|       | 400m: 06:55,47 (01:31,02)                                                         |      |                    |          |

**Wettkampf 7 - 800m Freistil männlich****Jahrgang 2014**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein             | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|--------------------|----------|
| 1.    | Ilai Manke                                                                        | 2014 | Grafen Schwimmteam | 12:04,00 |
|       | 100m: 01:24,08 (01:24,08)   200m: 02:57,80 (01:33,72)   300m: 04:31,26 (01:33,46) |      |                    |          |
|       | 400m: 06:04,76 (01:33,50)   500m: 07:35,47 (01:30,71)   600m: 09:08,55 (01:33,08) |      |                    |          |
|       | 700m: 10:39,43 (01:30,88)   800m: 12:04,00 (01:24,57)                             |      |                    |          |
| 2.    | Jannes Kießetz                                                                    | 2014 | Grafen Schwimmteam | 12:10,88 |
|       | 100m: 01:26,65 (01:26,65)   200m: 03:00,14 (01:33,49)   300m: 04:33,93 (01:33,79) |      |                    |          |
|       | 400m: 06:06,98 (01:33,05)   500m: 07:37,05 (01:30,07)   600m: 09:10,46 (01:33,41) |      |                    |          |
|       | 700m: 10:42,35 (01:31,89)   800m: 12:10,88 (01:28,53)                             |      |                    |          |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Anton Teichert                                                                    | 2012 | SG Syke / Barrien | 12:51,89 |
|       | 100m: 01:25,76 (01:25,76)   200m: 03:01,93 (01:36,17)   300m: 04:41,99 (01:40,06) |      |                   |          |
|       | 400m: 06:21,68 (01:39,69)   500m: 08:01,58 (01:39,90)   600m: 09:40,81 (01:39,23) |      |                   |          |
|       | 700m: 11:19,75 (01:38,94)   800m: 12:51,89 (01:32,14)                             |      |                   |          |

abgemeldet

Matthis Riesmeyer 2012 SG Diepholz 1870

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Darian Lehmkuhl                                                                   | 2011 | SG Syke / Barrien | 11:38,06 |
|       | 100m: 01:18,42 (01:18,42)   200m: 02:47,60 (01:29,18)   300m: 04:18,40 (01:30,80) |      |                   |          |
|       | 400m: 05:47,54 (01:29,14)   500m: 07:16,22 (01:28,68)   600m: 08:44,11 (01:27,89) |      |                   |          |
|       | 700m: 10:14,51 (01:30,40)   800m: 11:38,06 (01:23,55)                             |      |                   |          |

**Jahrgang 2010**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Phil Tannhäuser                                                                   | 2010 | SG Syke / Barrien | 12:16,67 |
|       | 100m: 01:21,56 (01:21,56)   200m: 02:55,88 (01:34,32)   300m: 04:30,54 (01:34,66) |      |                   |          |
|       | 400m: 06:06,31 (01:35,77)   500m: 07:40,94 (01:34,63)   600m: 09:15,25 (01:34,31) |      |                   |          |
|       | 700m: 10:48,32 (01:33,07)   800m: 12:16,67 (01:28,35)                             |      |                   |          |

**Jahrgang 2008**

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Philipp Habib                                                                     | 2008 | SG Syke / Barrien | 11:06,24 |
|       | 100m: 01:11,39 (01:11,39)   200m: 02:34,00 (01:22,61)   300m: 03:57,95 (01:23,95) |      |                   |          |
|       | 400m: 05:24,03 (01:26,08)   500m: 06:50,67 (01:26,64)   600m: 08:17,72 (01:27,05) |      |                   |          |
|       | 700m: 09:44,89 (01:27,17)   800m: 11:06,24 (01:21,35)                             |      |                   |          |

**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz                                                                             | Schwimmer(in) | Jg.  | Verein            | Endzeit  |
|-----------------------------------------------------------------------------------|---------------|------|-------------------|----------|
| 2.                                                                                | Luka Häuser   | 2008 | SG Syke / Barrien | 11:46,80 |
| 100m: 01:16,20 (01:16,20)   200m: 02:43,41 (01:27,21)   300m: 04:12,25 (01:28,84) |               |      |                   |          |
| 400m: 05:41,80 (01:29,55)   500m: 07:12,48 (01:30,68)   600m: 08:47,82 (01:35,34) |               |      |                   |          |
| 700m: 10:21,02 (01:33,20)   800m: 11:46,80 (01:25,78)                             |               |      |                   |          |

**Masters (Jahrgang 2005 und älter)**

| Platz                                                                             | Schwimmer(in)   | Jg.  | Verein             | Endzeit  |
|-----------------------------------------------------------------------------------|-----------------|------|--------------------|----------|
| 1.                                                                                | Carl Bittendorf | 2000 | Grafen Schwimmteam | 09:59,46 |
| 100m: 01:05,46 (01:05,46)   200m: 02:19,96 (01:14,50)   300m: 03:36,21 (01:16,25) |                 |      |                    |          |
| 400m: 04:53,13 (01:16,92)   500m: 06:10,78 (01:17,65)   600m: 07:27,72 (01:16,94) |                 |      |                    |          |
| 700m: 08:45,81 (01:18,09)   800m: 09:59,46 (01:13,65)                             |                 |      |                    |          |

**Offene Wertung**

| Platz                                                                             | Schwimmer(in)   | Jg.  | Verein             | Endzeit  |
|-----------------------------------------------------------------------------------|-----------------|------|--------------------|----------|
| 1.                                                                                | Carl Bittendorf | 2000 | Grafen Schwimmteam | 09:59,46 |
| 100m: 01:05,46 (01:05,46)   200m: 02:19,96 (01:14,50)   300m: 03:36,21 (01:16,25) |                 |      |                    |          |
| 400m: 04:53,13 (01:16,92)   500m: 06:10,78 (01:17,65)   600m: 07:27,72 (01:16,94) |                 |      |                    |          |
| 700m: 08:45,81 (01:18,09)   800m: 09:59,46 (01:13,65)                             |                 |      |                    |          |
| 2.                                                                                | Philipp Habib   | 2008 | SG Syke / Barrien  | 11:06,24 |
| 100m: 01:11,39 (01:11,39)   200m: 02:34,00 (01:22,61)   300m: 03:57,95 (01:23,95) |                 |      |                    |          |
| 400m: 05:24,03 (01:26,08)   500m: 06:50,67 (01:26,64)   600m: 08:17,72 (01:27,05) |                 |      |                    |          |
| 700m: 09:44,89 (01:27,17)   800m: 11:06,24 (01:21,35)                             |                 |      |                    |          |
| 3.                                                                                | Darian Lehmkuhl | 2011 | SG Syke / Barrien  | 11:38,06 |
| 100m: 01:18,42 (01:18,42)   200m: 02:47,60 (01:29,18)   300m: 04:18,40 (01:30,80) |                 |      |                    |          |
| 400m: 05:47,54 (01:29,14)   500m: 07:16,22 (01:28,68)   600m: 08:44,11 (01:27,89) |                 |      |                    |          |
| 700m: 10:14,51 (01:30,40)   800m: 11:38,06 (01:23,55)                             |                 |      |                    |          |
| 4.                                                                                | Luka Häuser     | 2008 | SG Syke / Barrien  | 11:46,80 |
| 100m: 01:16,20 (01:16,20)   200m: 02:43,41 (01:27,21)   300m: 04:12,25 (01:28,84) |                 |      |                    |          |
| 400m: 05:41,80 (01:29,55)   500m: 07:12,48 (01:30,68)   600m: 08:47,82 (01:35,34) |                 |      |                    |          |
| 700m: 10:21,02 (01:33,20)   800m: 11:46,80 (01:25,78)                             |                 |      |                    |          |
| 5.                                                                                | Ilai Manke      | 2014 | Grafen Schwimmteam | 12:04,00 |
| 100m: 01:24,08 (01:24,08)   200m: 02:57,80 (01:33,72)   300m: 04:31,26 (01:33,46) |                 |      |                    |          |
| 400m: 06:04,76 (01:33,50)   500m: 07:35,47 (01:30,71)   600m: 09:08,55 (01:33,08) |                 |      |                    |          |
| 700m: 10:39,43 (01:30,88)   800m: 12:04,00 (01:24,57)                             |                 |      |                    |          |
| 6.                                                                                | Jannes Kießetz  | 2014 | Grafen Schwimmteam | 12:10,88 |
| 100m: 01:26,65 (01:26,65)   200m: 03:00,14 (01:33,49)   300m: 04:33,93 (01:33,79) |                 |      |                    |          |
| 400m: 06:06,98 (01:33,05)   500m: 07:37,05 (01:30,07)   600m: 09:10,46 (01:33,41) |                 |      |                    |          |
| 700m: 10:42,35 (01:31,89)   800m: 12:10,88 (01:28,53)                             |                 |      |                    |          |
| 7.                                                                                | Phil Tannhäuser | 2010 | SG Syke / Barrien  | 12:16,67 |
| 100m: 01:21,56 (01:21,56)   200m: 02:55,88 (01:34,32)   300m: 04:30,54 (01:34,66) |                 |      |                    |          |
| 400m: 06:06,31 (01:35,77)   500m: 07:40,94 (01:34,63)   600m: 09:15,25 (01:34,31) |                 |      |                    |          |
| 700m: 10:48,32 (01:33,07)   800m: 12:16,67 (01:28,35)                             |                 |      |                    |          |
| 8.                                                                                | Anton Teichert  | 2012 | SG Syke / Barrien  | 12:51,89 |
| 100m: 01:25,76 (01:25,76)   200m: 03:01,93 (01:36,17)   300m: 04:41,99 (01:40,06) |                 |      |                    |          |
| 400m: 06:21,68 (01:39,69)   500m: 08:01,58 (01:39,90)   600m: 09:40,81 (01:39,23) |                 |      |                    |          |
| 700m: 11:19,75 (01:38,94)   800m: 12:51,89 (01:32,14)                             |                 |      |                    |          |

**Wettkampf 8 - 800m Freistil weiblich****Jahrgang 2013**

| Platz                                                                             | Schwimmer(in) | Jg.  | Verein        | Endzeit  |
|-----------------------------------------------------------------------------------|---------------|------|---------------|----------|
| 1.                                                                                | Lina Gran     | 2013 | TuS Wagenfeld | 12:23,59 |
| 100m: 01:24,75 (01:24,75)   200m: 02:59,62 (01:34,87)   300m: 04:35,53 (01:35,91) |               |      |               |          |
| 500m: 07:48,79 (03:13,26)   600m: 09:23,52 (01:34,73)   700m: 10:57,39 (01:33,87) |               |      |               |          |
| 800m: 12:23,59 (01:26,20)                                                         |               |      |               |          |

**Langstrecken Abend**

19.12.2025 im Hallenbad Sulingen

**Kreisschwimmverband Diepholz-Nienburg e.V.**

Protokoll

| Platz | Schwimmer(in)                        | Jg.  | Verein        | Endzeit |
|-------|--------------------------------------|------|---------------|---------|
|       | <u>abgemeldet</u><br>Fabienne Biljes | 2013 | TuS Wagenfeld |         |

**Jahrgang 2012**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein            | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Nieke Bluhm                                                                                                                                                                                                                     | 2012 | SG Syke / Barrien | 10:52,73 |
|       | 100m: 01:12,63 (01:12,63)   200m: 02:36,16 (01:23,53)   300m: 03:38,63 (01:02,47)<br>400m: 05:22,57 (01:43,94)   500m: 06:46,06 (01:23,49)   600m: 08:10,56 (01:24,50)<br>700m: 09:33,56 (01:23,00)   800m: 10:52,73 (01:19,17) |      |                   |          |
| 2.    | Frieda Warfelmann                                                                                                                                                                                                               | 2012 | Weyher SV         | 13:11,62 |
|       | 100m: 01:27,62 (01:27,62)   200m: 03:06,90 (01:39,28)   300m: 04:49,00 (01:42,10)<br>400m: 06:33,89 (01:44,89)   500m: 08:17,11 (01:43,22)   600m: 09:59,35 (01:42,24)<br>700m: 11:41,09 (01:41,74)   800m: 13:11,62 (01:30,53) |      |                   |          |

**Jahrgang 2011**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein        | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------|----------|
| 1.    | Maja Seidler                                                                                                                                                                                                                    | 2011 | TuS Wagenfeld | 12:24,45 |
|       | 100m: 01:26,69 (01:26,69)   200m: 03:00,84 (01:34,15)   300m: 04:38,80 (01:37,96)<br>400m: 06:14,47 (01:35,67)   500m: 07:50,24 (01:35,77)   600m: 09:25,49 (01:35,25)<br>700m: 10:58,47 (01:32,98)   800m: 12:24,45 (01:25,98) |      |               |          |

**Jahrgang 2010**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein    | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|----------|
| 1.    | Marieka Haacke                                                                                                                                                                                                                  | 2010 | Weyher SV | 13:20,55 |
|       | 100m: 01:24,95 (01:24,95)   200m: 03:02,58 (01:37,63)   300m: 04:44,72 (01:42,14)<br>400m: 06:27,79 (01:43,07)   500m: 08:12,53 (01:44,74)   600m: 09:56,24 (01:43,71)<br>700m: 11:39,84 (01:43,60)   800m: 13:20,55 (01:40,71) |      |           |          |

abgemeldet

Charlotte Heitmann 2010 SG Diepholz 1870

**Jahrgang 2009**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein            | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Jenny Häuser                                                                                                                                                                                                                    | 2009 | SG Syke / Barrien | 13:42,13 |
|       | 100m: 01:30,34 (01:30,34)   200m: 03:13,93 (01:43,59)   300m: 05:00,90 (01:46,97)<br>400m: 06:46,69 (01:45,79)   500m: 08:34,74 (01:48,05)   600m: 10:19,78 (01:45,04)<br>700m: 12:06,09 (01:46,31)   800m: 13:42,13 (01:36,04) |      |                   |          |

**Jahrgang 2008**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein           | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------------|----------|
| 1.    | Anneliese-Sofie Friederichs                                                                                                                                                                                                     | 2008 | SG Diepholz 1870 | 12:11,61 |
|       | 100m: 01:23,88 (01:23,88)   200m: 02:57,02 (01:33,14)   300m: 04:31,20 (01:34,18)<br>400m: 06:05,07 (01:33,87)   500m: 07:38,35 (01:33,28)   600m: 09:11,82 (01:33,47)<br>700m: 10:43,88 (01:32,06)   800m: 12:11,61 (01:27,73) |      |                  |          |

**Masters (Jahrgang 2005 und älter)**

| Platz | Schwimmer(in)                                                                                                                                                                                                                   | Jg.  | Verein        | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------|----------|
| 1.    | Elisa Buhrmester                                                                                                                                                                                                                | 2005 | TuS Wagenfeld | 12:12,68 |
|       | 100m: 01:22,22 (01:22,22)   200m: 02:54,04 (01:31,82)   300m: 04:27,67 (01:33,63)<br>400m: 06:02,54 (01:34,87)   500m: 07:36,89 (01:34,35)   600m: 09:10,69 (01:33,80)<br>700m: 10:44,09 (01:33,40)   800m: 12:12,68 (01:28,59) |      |               |          |



## Offene Wertung

| Platz | Schwimmer(in)                                                                     | Jg.  | Verein            | Endzeit  |
|-------|-----------------------------------------------------------------------------------|------|-------------------|----------|
| 1.    | Nieke Bluhm                                                                       | 2012 | SG Syke / Barrien | 10:52,73 |
|       | 100m: 01:12,63 (01:12,63)   200m: 02:36,16 (01:23,53)   300m: 03:38,63 (01:02,47) |      |                   |          |
|       | 400m: 05:22,57 (01:43,94)   500m: 06:46,06 (01:23,49)   600m: 08:10,56 (01:24,50) |      |                   |          |
|       | 700m: 09:33,56 (01:23,00)   800m: 10:52,73 (01:19,17)                             |      |                   |          |
| 2.    | Anneliese-Sofie Friederichs                                                       | 2008 | SG Diepholz 1870  | 12:11,61 |
|       | 100m: 01:23,88 (01:23,88)   200m: 02:57,02 (01:33,14)   300m: 04:31,20 (01:34,18) |      |                   |          |
|       | 400m: 06:05,07 (01:33,87)   500m: 07:38,35 (01:33,28)   600m: 09:11,82 (01:33,47) |      |                   |          |
|       | 700m: 10:43,88 (01:32,06)   800m: 12:11,61 (01:27,73)                             |      |                   |          |
| 3.    | Elisa Buhrmester                                                                  | 2005 | TuS Wagenfeld     | 12:12,68 |
|       | 100m: 01:22,22 (01:22,22)   200m: 02:54,04 (01:31,82)   300m: 04:27,67 (01:33,63) |      |                   |          |
|       | 400m: 06:02,54 (01:34,87)   500m: 07:36,89 (01:34,35)   600m: 09:10,69 (01:33,80) |      |                   |          |
|       | 700m: 10:44,09 (01:33,40)   800m: 12:12,68 (01:28,59)                             |      |                   |          |
| 4.    | Lina Gran                                                                         | 2013 | TuS Wagenfeld     | 12:23,59 |
|       | 100m: 01:24,75 (01:24,75)   200m: 02:59,62 (01:34,87)   300m: 04:35,53 (01:35,91) |      |                   |          |
|       | 500m: 07:48,79 (03:13,26)   600m: 09:23,52 (01:34,73)   700m: 10:57,39 (01:33,87) |      |                   |          |
|       | 800m: 12:23,59 (01:26,20)                                                         |      |                   |          |
| 5.    | Maja Seidler                                                                      | 2011 | TuS Wagenfeld     | 12:24,45 |
|       | 100m: 01:26,69 (01:26,69)   200m: 03:00,84 (01:34,15)   300m: 04:38,80 (01:37,96) |      |                   |          |
|       | 400m: 06:14,47 (01:35,67)   500m: 07:50,24 (01:35,77)   600m: 09:25,49 (01:35,25) |      |                   |          |
|       | 700m: 10:58,47 (01:32,98)   800m: 12:24,45 (01:25,98)                             |      |                   |          |
| 6.    | Frieda Warfelmann                                                                 | 2012 | Weyher SV         | 13:11,62 |
|       | 100m: 01:27,62 (01:27,62)   200m: 03:06,90 (01:39,28)   300m: 04:49,00 (01:42,10) |      |                   |          |
|       | 400m: 06:33,89 (01:44,89)   500m: 08:17,11 (01:43,22)   600m: 09:59,35 (01:42,24) |      |                   |          |
|       | 700m: 11:41,09 (01:41,74)   800m: 13:11,62 (01:30,53)                             |      |                   |          |
| 7.    | Marieka Haacke                                                                    | 2010 | Weyher SV         | 13:20,55 |
|       | 100m: 01:24,95 (01:24,95)   200m: 03:02,58 (01:37,63)   300m: 04:44,72 (01:42,14) |      |                   |          |
|       | 400m: 06:27,79 (01:43,07)   500m: 08:12,53 (01:44,74)   600m: 09:56,24 (01:43,71) |      |                   |          |
|       | 700m: 11:39,84 (01:43,60)   800m: 13:20,55 (01:40,71)                             |      |                   |          |
| 8.    | Jenny Häuser                                                                      | 2009 | SG Syke / Barrien | 13:42,13 |
|       | 100m: 01:30,34 (01:30,34)   200m: 03:13,93 (01:43,59)   300m: 05:00,90 (01:46,97) |      |                   |          |
|       | 400m: 06:46,69 (01:45,79)   500m: 08:34,74 (01:48,05)   600m: 10:19,78 (01:45,04) |      |                   |          |
|       | 700m: 12:06,09 (01:46,31)   800m: 13:42,13 (01:36,04)                             |      |                   |          |

Abschnittende: 20:24 Uhr

Protokollende: 20:26 Uhr

Schiedsrichter

Protokollführer